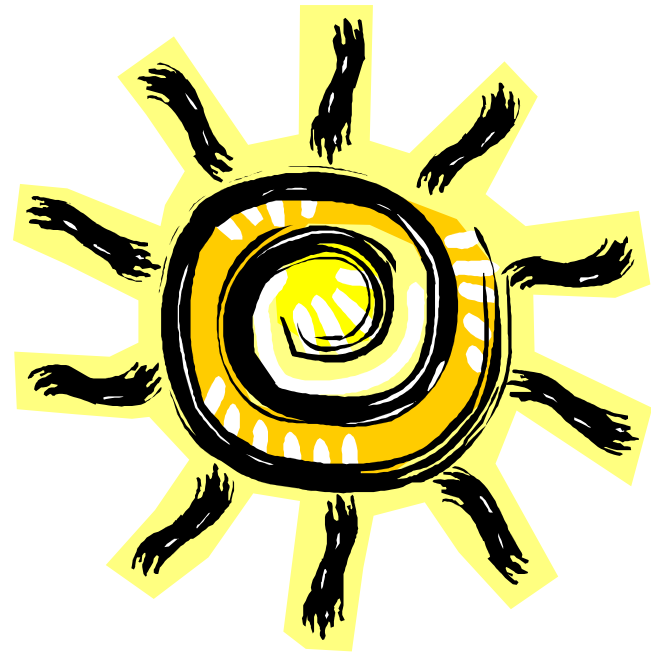


Union College Bonner Scholars



**2005 Summer Journal
“Journey”**

FREE EXPRESSION!

If better is possible, then good isn't enough.

-Bill Lane

FREE EXPRESSION!

There is only one quality more important than "know how." This is "know what" by which we determine not only how to accomplish our purposes but what our purposes are to be.
-Norbert Wiener

Instructions for Journal

In the journal you will find 12 questions. You must complete 9 of them throughout the course of the summer. If there is a question with more than one part, please be sure to answer all parts of the question.

On the bottom of each page you will see a quote, which you can use for inspiration, and it relates to the theme of this journal, journey.

Don't think of this journal as a mandatory assignment. Make it a tool for direction and inspiration. Let it be your roadmap and use it to keep you on track when things get a little confusing. Remember, this is your private journal so there are no wrong answers. Be honest and don't wait till the last minute because you'll forget important details as time passes. Most importantly, try to have a little fun with this journal. It's not meant to be a burden so don't treat it like one.

If you find that you need more space or there are some things that you want to add that you can't fit into your answers there are some free expression pages in the back of the journal. Use it to write anything that you feel relates to your summer or just as a space to record things you want to remember in the future.

In the fall you will need to return this journal to the Bonner Scholars office. There, it will be reviewed to make sure it is completed and then returned to you. If there are entries that you just don't feel comfortable sharing with others then be sure to mark those entries and they will not be read.

Thanks everyone for your hard work and have a great summer!

**Project Coordinator:
Angie Herr**

How did you choose your journey for the summer? What influenced you to choose this summer internship?

FREE EXPRESSION!

*There can be no reality
to the things you want
until they have structure
within your mind first.*
-Anthony Norvell



*You have to believe in yourself. And you have to down deep
within the bottom of your soul, feel that you can do the job
that you've set out to do.*

-William Castle Devries

FREE EXPRESSION!

Did your summer journey take you to unknown territory or did you choose a familiar path (i.e. is your summer service different from your service during the school year)?

The ability to think straight, some knowledge of the past, some vision of the future, some skill to do useful service, some urge to fit that service into the well-being of the community—these are the most vital things education must try to produce.

*-Virginia Gildersteeve
Dean Emeritus, Barnard College*



*Don't go where the path may lead,
go instead where there is no path
and leave a trail.*

-Ralph Waldo Emerson

What kind of expectations did you have before going on your summer journey? What kind of precautions did you take?

Along journeys you see things that you have never seen before. What is the one thing about your summer that you have never experienced before and will never forget?

Limited expectations yield only limited results.

-Susan Laurson Willig



What lies behind us and what lies before us are small matters compared to what lies within us.

-Ralph Waldo Emerson

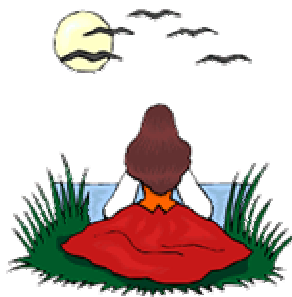


Scenery changes as your journey progresses.
What kind of changes did you notice in
yourself as a response to your placement?

Sometimes when traveling you just need a
rest stop. Describe a moment where you had
to pull over and take a break and explain why.

*Change can either challenge or
threaten us. Your beliefs pave
your way to success or block
you.*

-Marsha Sinetar -US writer



*Take time to deliberate; but
when the time for action
arrives, stop thinking and go
in.*

-Andrew Jackson

No matter how much you plan a trip, sometimes you get lost. Did you ever find yourself lost during your summer journey? How did you find your way to the right path?

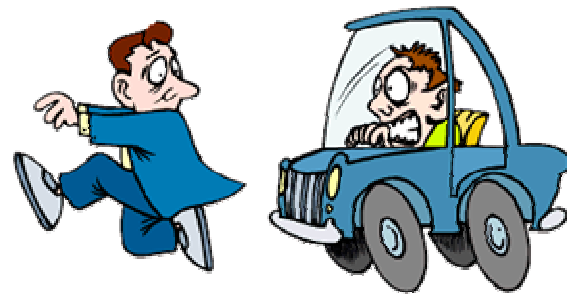
Road rage can happen at any time while traveling. Describe a moment when you felt like you were going to run over someone if they didn't get out of your way. (Change names if your use them, to protect the innocent.)

You determine the level of your own prosperity and achievement. You create your own circumstances.

-Donald Curtis



Even if you are on the right track you will get run over if you just sit there. -Anonymous



Sometimes we feel like we are packed and ready to go, feeling like we know exactly what to expect, but sometimes we leave for trips unsure, hoping we packed the right things, and wondering what was going to happen once we got started. Looking back, how prepared were you for your summer placement?

Unexpected detours can catch a driver by surprise and cause them to alter their route. Did you have any unexpected changes this summer? What did you do about them?

*I am an idealist. I don't know where I'm going
but I'm on my way.*

-Carl Sandburg



*We keep moving forward, opening up new doors, and doing
new things, because we're curious and curiosity keeps leading
us down new paths.*

-Walt Disney



Everyone buys souvenirs on trips and takes them home to share and possibly give away. Describe one “souvenir” you are bringing back from your trip that will help you in Bonner this year.

What kind of impact/impression did your summer have/leave on you?

We must not, in trying to think about how we can make a big difference, ignore the small daily difference we can make which; over time, add up to big differences that we often cannot foresee.

*-Marian Wright Edelman
Families in Peril (1987)*



Everyone has a talent. What is rare is the courage to follow the talent to the dark place where it leads.

-Erica Jong