

## **Finding Your Vocational Fit**

### **Exploring Your Interests and Passions**

1. Quickly list everything you can think of that interests you. What do you just love to do?
  
2. When you walk into a bookstore, which section do you go to first? What other sections do you visit?
  
3. Imagine that you are going to a mall that has every possible store that exists. In which stores would you enjoy spending time browsing?
  
4. When you pick up a newspaper, which section do you read? Why?
  
5. What do you enjoy talking about? If you were stuck on a plane for eight hours and the person next to you wanted to talk, what subjects or fields would make the time fly by?
  
6. When you browse the Web, what topic do you like to enter?
  
7. Someone has offered to pay you to go anywhere in the world to study for three weeks at any university/school/training program. Where would you go? What would you study?
  
8. What does this tell you about yourself?

## Additional Questions

From Career and Calling by Ginny Ward Holderness with Forrest C. Palmer Jr.:

1. When you were a little kid, what was one of the things you wanted to be when you grew up?
2. What adjectives would you use to describe yourself?
3. To really know me, you need to know that I...
4. Whose job would you most like to have?
5. Complete this sentence by listing as many things as come to mind: I am... (use nouns, adjectives, whatever.)
6. Are there times when you have felt “called” to do something? How does that differ from simply “doing” things?
7. Are you “called” to work in your current field/major? If yes, what does that feel like? If no, what do you feel “called” to do and why are you not pursuing it?